



BUNKER'S HILL STATE SCHOOL

315 Bunker's Hill School Road, Westbrook, QLD, 4350

Phone: 4698 5333 Student Absences : 4698 5366

Website: www.bunkhillss.eq.edu.au

Email: Principal@bunkhillss.eq.edu.au OR admin@bunkhillss.eq.edu.au

25th July, 2017

ISSUE: 2017/23

Office Hours:- 8:15am to 3:30pm

PRINCIPAL'S MESSAGES

"How do I help my child with reading?" Parent Evening is on tonight (Tuesday, 25th July) from 6:30pm to 7:30pm in the School Library. Sharon Rummell will facilitate child minding in the Prep building during this time. All welcome!

Thank You to everyone who helped out before, during and after the Cambooya District Sports Day held last Friday. It was a very successful day, and Bunker's Hill students excelled. Special thanks to the convenor, Sharon Rummell.

Congratulations to all students who competed, and good luck to those competing at Inner Downs next month!

Congratulations Lucas, Ainslie (Distinctions), Owen (Credit), Sam, Tyler (Merits), Rylie, Lily-Joy, Libby, Bella, Bryce and Jye (Participation Awards), who competed in the University of New South Wales Science Competition. Awards will be presented next Monday.

Instrumental Music Evening: this Thursday, 27th July, 6.30pm-7:30pm in the school hall. The evening will feature the newly formed Contemporary Band, Junior and Senior Bands, solos and small group performances. Everyone is welcome.

Amaroo Excursion for Year 1 and 1/2 classes will be on Thursday, 10th August. Details were sent home last week. Consent forms and payment are due Monday, 7th August. Preferred payment is by BPoint online or EFTPoS at the office.

School Opinion Survey registration details will be sent home next week. The survey is an annual opportunity for parents to give feedback on how the school is meeting your children's needs. Please take the time to be involved!

Aussie Hoops Basketball is running at the school on Thursday lunchtimes for 8 weeks starting this Thursday, 27th July. See flyer on the school website for registration details.

Pyjama Day will be held this Friday, 28th July. Students can wear their pyjamas or onesies to school for a gold coin donation. Funds raised will go towards the Pyjama Foundation, which helps children in foster care to succeed at school.

Under 8's Day will be held at the school on Tuesday, 15th August for all students in Prep to Year 2. The event will be based on a "Sea" theme. More details will be provided closer to the date.

Suspected Case of Scabies: We have been notified of a suspected case of scabies in a child at the school. Please be on the lookout for any strange rashes on your child, and see a doctor if you are concerned.

Cyber Safety: I have been advised that a number of students at the school have social media accounts, and these are set on Public Access settings. Social media accounts are inappropriate for primary-school-aged children, but if they do have accounts, please ensure that they control their settings to restrict access by strangers to their postings.

Uniform Shop is open **Friday afternoons** from 2:45-3:15pm. A price list is available on the school website.

Ice Blocks will be sold this **Friday** afternoon from 2:45pm for \$1 each. Proceeds go towards the School Project Club.

Every Day Counts! We aim to have every child at school for every day of the school year, if possible. Thank you to all parents for helping us to maximise their children's learning at school.

Jim Tiernan, Principal

Book Week Activities — "Escape to Everywhere" - 20th-26th August, 2017

Book Swap: In the coming weeks leading up to Book Week, Prep to Year 6 students are invited to bring along a pre-loved book/books that they wish to swap (maximum of 2 books per child please). Books can be brought to the library on Tuesdays and Wednesdays. Books should be in good condition, but ones that children are willing to give up. In return for their book/books, students will receive a token and will then be able to exchange this for a book during Book Week.

Book Character Dress-Up: Students from Year 1—6 are invited to come to school dressed as a book character on Wednesday, 23rd August. Please ensure children remember sunsafe clothes, school hats and enclosed shoes. Prep students will be visiting the Empire Theatre to see "We're going on a Bear Hunt" on that day.

Open afternoon in the library

* Wednesday 23rd August from 3pm— 6pm

* Book swap

* Afternoon Tea will be provided

* Activities

Miss Tracie's Tuckshop

Now offering Family Meals

Email : traciesblossoms370@gmail.com

Order by Friday in person or via email

Collect the following Tuesday

\$25.00 per meal

Payment via cash or EFTPoS

This week's Special:

SWEET & SOUR CHICKEN & RICE

**The school website is the place to check for coming events.
Please visit www.bunkhillss.eq.edu.au and navigate to the calendar.**

P&L News

The **District Sports Day** has been run and won and I would like to congratulate all participating children and schools for a job well done.

There are many people to thank for the help that was volunteered last Friday for the sports day. Firstly to the parents and children who helped set up, sell hot chips, cold drinks, raffle tickets and pack up, secondly I would like to thank Kerry from the Westbrook Lions Club who walked around and also sold tickets in our raffle and thirdly to Rose and the staff at the Westbrook Spar for making the gravy for the chips on the day. Thank you all very much.

I cannot report a **financial result** yet as we need to collate the outgoings against the income. Once we have a number from the day I will let you know. We did sell more hot chips than last year with approximately 150kg cooked.

Don't forget the **Father's Day Stall** will be held on the morning of August 31st. All gifts will be \$5.

Thank you,

Stewart Kings, President

Contact: 0457 922 001 or skings74@bigpond.com

Chappy News

Chess Club is held second break on a Tuesday. The Chess Club runs in the Year 4/5 classroom in E Block.

Bible Club runs Tuesday afternoons 3pm-4.30pm. Please fill out the consent form on the website and return to the office if you are planning to attend (once for the year). Pick up is from Mr Little's classroom in B Block.

Thank you to the members of our **Local Chaplaincy Committee** who attended the meeting at Drayton yesterday. The next Local Chaplaincy Meeting will be held at Bunker's Hill 4pm Monday 28th August. Your contribution is much appreciated.

A **Coffee and Cake night** was held at the Westbrook Memorial Hall 7pm on Friday night 21st July. 60+ women came to hear about Chaplaincy at Bunker's Hill and Drayton Schools and Margaret Crane spoke about getting through tough times. \$607 was raised for the Chaplaincy Program at both schools. **Thanks to Faye Lyons and the ladies of Christlife Presbyterian and the Westbrook Fellowship** for organising the night and for your kind donation.

All the best,

Chappy Kate

COMMUNITY NOTICES

Matilda—St Ursula's College: It is with great excitement that we invite you and your community to our Junior Play, "Matilda" being held on Thursday 27th July at 7pm in the Salo Centre located on the Campus of St Ursula's College, Rome Street, Toowoomba. Entry is by gold coin donation.

Food Bank is known as Queensland's Largest Hunger Relief Organisation. Bunker's Hill State has decided to participate in this program to help people who need assistance. If you can help, it would be greatly appreciated if you could place a non-perishable item in our cardboard boxes which are located around the school. They will be positioned in the Hall at pick up time, in front of the library and at the uniform shop. Thank you for your support. Any questions please see Karen Green or Natalie Joyce.

Positive Parenting by Professor Matt Sanders—Parent Traps

It's tough being a parent but it's easy to fall into one of the common parenting traps.

The criticism trap is when there are frequent power struggles with your child. The situations escalate from criticising to threatening and yelling. This type of discipline often backfires. The parent's anger makes the child and parent resentful and hostile. If these kinds of battles take place frequently, its time to try a new way of handling the situation.

The "leave them alone" trap involves the parent simply not acknowledging their child when they are behaving well. If good behaviour is taken for granted it may be replaced with the misbehaviour that receives more attention. A basic principle of positive parenting is to praise behaviours you would like to see more often.

The "for the sake of the children" trap occurs when parents in unhappy marriages stick doggedly to the same marriage routines, for the sake of the children, rather than addressing the problems constructively.

The perfect parent trap. There is no such thing as a perfect parent and trying to be one will only lead to disappointment, resentment, guilt, and feelings of inadequacy.

The martyr trap is one where parents become so over-involved in the task of parenting they neglect their own needs. The parents' relationship suffers and may end in feelings of dissatisfaction and resentment. Quality parenting can only happen when adults have their own lives in balance.

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information go to www.triplep-parenting.net or speak to Chappy Kate on 0412 198 067 or email kateh@chappy.org.au